

Publication:	Sunday Independent	Media Cost (€):	3882.84
Date:	Sunday, June 30, 2019	Reach	165,334
Page:	2	Size (Sq. Cm)	131



Sharon hosts birthday bash for pal

■ Brendan Courtney will be sailing, top interior designer Suzie McAdam will be sailing, architect on the telly Dermot Bannon, Leinster and Irish Rugby star Rhys Ruddock will be sailing and hopefully I'll be sailing too. Someone stop me before I turn into Rod Stewart! They'll all be at Ireland's biggest sailing event, the 2019 Volvo Dun Laoghaire Regatta, which runs July 11-14.

Expect 2,500 sailors and 500 boats at the biennial event and lot of celebs in Dubarry deck shoes and your striped tops. Also by the sea, Sharon Shannon is throwing a birthday party in Salthill, Galway this Thursday for her VBF, Annette Doyle. The accordionist will squeeze in other pals like Eleanor

Shanley, Michelle Lally and CorinaK. The birthday dinner will take place at Salthill's venue du jour, R.M. McCabes, recently opened by publican Gary Monroe and Mike O'Grady of Kirwans Lane and O'Grady's on the Pier.

Still in Salthill, Sharon Patron of Madra, recently took a whirl down the Salthill Prom as part of their annual dogathon. If I haven't gone completely barking, your diarist will be at Galway's first International Food and Craft Festival next weekend, along with some of the nation's most-loved chefs like *Life* magazine's Rachel Allen. Festival-goers can enjoy a fab foodie experience while also supporting the festival's charity partner, Rosabel's Rooms.



Celebrations ... Sharon Shannon